

# Parenting as a Spiritual Journey: Jewish & Muslim Perspectives

## Sponsors:

- Hebrew College
- Islamic Center of Boston, Wayland,
- Temple Shir Tikva of Wayland

## Dates & Location: Fall 2018, Thursdays, 7:00-8:30 pm (includes light snacks)

- Thursday, October 4 – Islamic Center of Boston, Wayland
- Thursday, October 11 – Islamic Center of Boston, Wayland
- Thursday, October 18 – Islamic Center of Boston, Wayland
- Thursday, October 25 – Islamic Center of Boston, Wayland
- Thursday, November 15 – Temple Shir Tikva of Wayland

## Instructors:

- Dr. Celene Ibrahim, Tufts University
- Rabbi Or Rose, Hebrew College
- Najiba Akbar, MSW, Integral Coach

## Course Description:

This interactive seminar provides participants the opportunity to reflect together on the joys and challenges of parenting from Muslim and Jewish perspectives.

- What our hopes and dreams for our children?
- How do we balance tradition and change?
- What are some tools for more mindful parenting (more responsive, less reactive)?
- How can we help our kids become their unique selves and caring and responsible community members?

Our journey will be grounded in the study of classical and modern religious sources, as well as other relevant materials from the fields of psychology, sociology, and popular culture. In our discussions, we will explore specific dimensions of parenting, including issues related to Jewish and Muslim experiences as minority groups in the United States.

**Cost:** \$65 or \$110 per couple

To register visit:

<http://www.hebrewcollege.edu/parentingjourney>